

October 27, 2011

Dear Parents,

Thank you to all parents who took the time to attend Parent-Teacher Conferences and also to support the King's English Book Fair and Fine Arts Sale. Fine art prints have been left on the grids outside of the gym for your further shopping convenience.

The Fall Festival is tomorrow, Oct. 28th 6:00 – 9:00pm in the social center. All school and parish families are invited for a very fun evening.

Please read the following:

Above and Beyond at Cosgriff = ABC

The administration hired Mr. Allen as a sixth grade teacher and part-time P.E. teacher in another Catholic School in the fall of 2000. Since that time, Mr. Allen has moved to P.E. Teacher and Athletic Director at Cosgriff and The Madeleine Choir School. This year he will complete his master's degree in exercise sport science.

P.E. classes are designed to meet all Utah core standards and then some. Mr. Allen has championed the Gold Medal School for fitness program in both schools and Cosgriff has attained the Platinum or, highest possible fitness level for walking a required number of miles per week.

Mr. Allen has created circuit training for 3rd – 8th grade. Students work on flexibility, agility, core strengthening, endurance, large and small motor skills as general warm-up and conditioning. Mr. Allen then instructs students using the correct rules and ethics in different competitive sports such as Volleyball, Basketball, Tennis, Kickball, Soccer, and football. Resistance training posts have been installed in the gym. Students will soon participate in strengthening and stretching exercises using resistance bands.

Students work hard in P.E. to meet class requirements and because they respect Mr. Allen. He has earned the prestigious title of the "Pied Piper". He is fair, demanding, kind, and respectful of both students and parents. Mr. Allen coaches several sports spends much time on the PARA board as an advocate for student athletics. As if that wasn't enough, he offers a fitness "class" for faculty and staff after school.

As an added note, Mr. Allen is always first to lend a helping hand to Mr. D, Cristino, teachers, staff, students, and an old administrator who works at Cosgriff – Mr. Allen, you set a standard – **A**bove and **B**eyond at **C**osgriff. Thank you!

- Welcome back to Cole Hazel! He came back to school this week. His 5th grade teacher and classmates were very happy to see him.
- The student council will be selling Halloween suckers on Friday, Oct. 28th for 50¢ each. The proceeds will be sent to the Youth Homeless Shelter along with the other items collected in October. Thank you.
- An all school Mass is tomorrow, Friday, October 28th 9:00 am. **Formal Dress** is required.
- The 8th grade students will attend a 10:00am Mass at the Cathedral on Friday, Oct. 28th. Eighth grade students from all the Catholic Schools in the Diocese will be in attendance.
- Flu shots will be available on Friday, October 28 from 12:15 to 3:15 pm in the library. The shots will be \$25; mists \$30. Students and adults welcome. Students must be accompanied by a parent or guardian as there are necessary forms to complete.
- **Halloween Parade and Social** - The annual Halloween Parade will take place Monday, October 31st at around 1:45pm (weather permitting). Students will parade around the North grass area and parking lot. If it is raining or snowing, students will parade down the halls and in the gym.

Students will then return to their classrooms for a short Halloween activity and treat. Toddlers and 3/4-year-olds may take part in the parade with parent supervision as it is not their regular class time. After the parade, parents who are not helping in the classroom may go to the gym for a hot chocolate or coffee “warm-up” until students are dismissed at 3:15pm.

Costumes: *students may not carry pretend weapons or wear masks or hoods.
 *no blood or gore allowed on costumes.
 *parents or other adults may not wear masks or hoods or carry pretend weapons
 *if students require assistance to put on their costume, parent may arrive at 1:15 pm to assist.

- **Mark your Calendar** The first Singapore Math Parent Education night will take place Tuesday, November 8th 7:00 – 8:30pm. All parents with children in preschool – 6th grade are urged to attend this information and training night. **(No children please.)** It will start promptly at 7:00pm in the 5th grade classroom.
- All parents who are able to cut with scissors, sew, paste etc., are needed to help assemble merchandise to sell for “Santa is Coming to Cosgriff” Nov. 19th and 20th. Workers please meet in the library all day on Tuesdays. Please stop and help even for an hour. Call Claire Donnelly at 801-485-2720.
- **Special Request** - Nancy Sliwinski, Parish Refugee Program coordinator has a special request of Cosgriff parents, teachers and staff:
Simple picture, ABC, number and reading books are needed for refugees supported by Saint Ambrose parishioners. Please donate used or new books and place them in the food pantry closet in the gathering space in the back of the church. Email Nancy with questions at nancysliwinski@yahoo.com.
- Linda Paoletti and her great team of volunteers put on a fabulous book sale. Margaret Neville, former parent and employee of Kings English Book Store also spent countless hours giving student and adult book talks and selling books to benefit Cosgriff. Please be so kind as to purchase books, cards etc. at The Kings English Bookstore on 1500 East and 1400 South.
- There have been questions regarding proper uniform attire. If a student wears a sweatshirt, sweater, sweater vest, fleece jacket or fleece vest, it is to be the Cosgriff uniform attire. Students may wear their own hats, gloves, parkas, heavier jackets. Please refer to the student handbook for other uniform directives. We have an abundance of slightly used, clean uniform parts for students to wear. Please help yourself. Thank you for your cooperation.

Thank you for your continued support.

Betsy Hunt
Principal